

### Schedule of Programme for July 2025 at SAS Gurgaon

S.No.	Subject & Talks	Day	Date	Timing	Speaker/Coordinator
1	Stress Management & Building Resilience (For Corporate Managers)	Wednesday	2nd July	10:00 am – 12:30 pm	Mr. Rajneesh Mathur
2	“The Message of The Gita”	Saturday	5th July	10:30 am – 11:30 am	Sh. Prashant Khanna
3	Divine Sacrifice For Humanity	Sunday	6th July	10:30 am – 11:30 am	Sh. Rajesh Madan
4	Sant Tulsidas’s Ramcharit Manas	Saturday	12th July	10:30 am – 11:30 am	Sh. Ravi Kant
5	“The Message of The Gita”	Sunday	13th July	10:30 am – 11:30 am	Sh. Prashant Khanna
6	Sri Aurobindo & Nationalism	Saturday	19th July	10:30 am – 11:30 am	Dr. Satyam Dwivedi
7	Sri Aurobindo on Hindu Muslim Unity	Sunday	20th July	10:30 am – 11:30 am	Sh. Rajesh Madan
8	Sant Tulsidas’s Ramcharit Manas	Saturday	26th July	10:30 am – 11:20 am	Sh. Ravi Kant
9	The Mother’s “Prayers & Meditation” followed by Devotional Rendering	Saturday	26th July	11:35 am – 12:25 pm	Dr. Mithu Pal
10	“The Message of The Gita”	Sunday	27th July	10:30 am – 11:30 am	Sh. Prashant Khanna
11	Children Corner	All Wednesdays	—	4:00 pm – 5:00 pm	Dr. Priyanka Singh Vardhan & Ms. Anamika Singh
12	Study Circle on the book “The Mother”	All Tuesdays	—	11:00 am – 11:45 am	Sh. D S Negi
13	Study Circle on the book “Sunlit Path”	All Saturdays	—	6:00 pm – 7:00 pm	Sh. Satyprakash

Note: 1. Books & Pondicherry Products are available at the Centre on Saturdays & Sundays.